

Full Report (All Nutrients)

45244120, KINGS COMMAND FOODS CERTIFIED ANGUS BEEF SOUTHERN STYLE BEEF STEAK FRITTER FOR CHICKEN FRIED STEAK, 30-5.3 OUNCE PORTIONS PER 10 POUND NET WEIGHT MASTER CASE, UNPREPARED, GTIN: 00088374055956

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 11, 2017 18:34 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer King's Command Food, Inc.

Nutrient	Unit	Data points	Std. Error	150.0 g 150g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	290	193
Protein	g	--	--	25.01	16.67
Total lipid (fat)	g	--	--	6.00	4.00
Carbohydrate, by difference	g	--	--	31.99	21.33
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	1.00	0.67
Minerals					
Calcium, Ca	mg	--	--	60	40
Iron, Fe	mg	--	--	4.50	3.00
Sodium, Na	mg	--	--	770	513
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	1.500	1.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	70	47

Amino Acids

Other

Ingredients

CERTIFIED ANGUS BEEF, WATER, SALT, SODIUM PHOSPHATE. BATTERED WITH: WATER, ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE

MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, YELLOW CORN FLOUR, LEAVENING (MONOCALCIUM PHOSPHATE, SODIUM, BICARBONATE), DRIED WHEY, SALT, GARLIC POWDER, SPICE, EXTRACTIVES, SPICES. BREADED WITH: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, DEXTROSE, SPICE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE). BREADED WITH: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B-1], RIBOFLAVIN [VITAMIN B-2], FOLIC ACID), SOYBEAN OIL WITH TBHQ FOR FRESHNESS, CORN SYRUP, SALT, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, YEAST), MALT EXTRACT, DEXTROSE, SOY LECITHIN. *Date Last Updated by Company:* 12/19/2016